

Obstacles

What are the obstacles in your life?

Money
Education
Location
Family
Economy
Health
Timing
Ability

While the above list may not be complete, it covers many of the items people consider obstacles. Or could we consider them opportunities? Could we consider them challenges to reaching our goal? Could we overcome them with focus, effort, and determination?

If we look to history we can see people who overcame these obstacles and became successful. Abraham Lincoln failed many times, lost in marriage, lost elections, and became President. While it appears he had many obstacles he overcame them and obtained the highest office in the country. Well, if one can do it that means others can do it. So, if it is possible, why not you?

History shows poor people without education becoming wealthy and educated. People have become wealthy in good and bad economies. Some have come back to good health. Others have overcome family issues to succeed. The obstacles may have caused more effort or a delay in reaching the goals. However, the obstacles need not stop someone. At worst, an obstacle is a slowdown.

If success were easy, it would not feel so worthwhile once achieved. In fact we are all successes. We just might measure ourselves in comparison to others rather than to our true self. We can do more and be more. We can and we will if we desire it enough.

The bigger your goals the bigger the obstacles, and the bigger the obstacles, the bigger the lessons, the learning, the challenge, and the joy in accomplishment. The challenge is motivating and stretches one to be the best.

Watch a baby. Babies have much to learn and their capacity to understand and process our words is not yet developed. They do not understand obstacles. They just work at the issue until they succeed. They learn to crawl, they learn to get to the object they desire. They learn to walk. They learn to communicate without words to get food and diapers changed. They overcome the lack of words with sounds. Well, if a newborn can do it why can't we? Well, we can. The baby doesn't understand obstacles or excuses. Should we pretend to be babies? Should we not allow excuses?

Obstacles look big from a distance. However, if you do one thing each day towards overcoming the obstacle you will find it melting away in front of your eyes day by day. Beginning is the key. Take the first step. Take another step. Pretty soon you will be wondering why you thought there was an obstacle.