

NAVIGATE

Live life every day, starting right now.

You are the navigator of your life, Captain. Your life is a journey and it's the journey that is the life.

You decide on the course, set the direction and navigate the course. Sure, you can delegate the role of navigator, but you are the ultimate navigator making the final decisions. Even if the decision is to let another control your life and the course you take.

Once the course is set, just like a ship, you are always adjusting to course based on circumstances, moment to moment. In a ship, it's the tide, the wind, the waves, the obstructions, other boats, rocks, shallow water, storm, and equipment failure. Your life is the same. Daily there are interruptions and possible challenges and alterations of your course.

Have you given the duty of navigator to another? If so, is it satisfactory? Are they doing as instructed, and are you verifying that is the case? Are you aware you are in charge, it is your life, and you are the responsible party?

So, where are you going? What is the goal, the destination? Is it a stop for refueling, changing crew, rest, reward, or a safe harbor as you have no idea where to go and what to do next?

Are you adrift at sea? Are you going anywhere? Any idea where you'd like to go? Or, are you following the pack?

Life has many journeys for most of us. As we navigate the chosen course, we learn and we adjust as needed. When one journey ends another begins. We navigate a new course.

Where you have been, what you have done, and learned, is background and experience for your next journey. One builds on the previous journeys.

As navigator, we start small and keep expanding till the end of our days. Little kids first navigate to a standing position, and then they move holding onto something. Finally, they walk unaided. The process continues until we die. When we stop navigating and growing, we die. We may still be breathing and eating, but we have died when the navigation stops.

Life is an exciting adventure and worth living when you chart new courses and navigate them. We were made for adventure.

What are the highlights of your life to date? I am sure it has to do with other people and an activity. Do you want more highlights? If you do, and you are not getting them, what is holding you back? It's you.

Set your navigation to your dreams. Go, do, and be. There is much to navigate. Cast off for adventure. Cast off and live your life. Cast off and enjoy the journey.